

# Community Newsletter

Week 6, Term 1 2022



## From the Principal's Desk



The last couple of weeks have been very busy attempting to keep up to date with the ever-changing covid climate. Since the last newsletter we have seen the mask wearing mandate apply to our year 3-6 students, the state move from high to very high caseload protocols and numerous changes in the definition of a close contact. To our community's credit we have managed to work together to navigate our way through the covid pandemic with relatively low case numbers compared to neighbouring schools. Our Year 3-6 students have been very compliant with mask wearing and our staff have ensured activities are cohort based limiting the mixing of year levels where we are able to.

Unfortunately, these measures have meant that we have had to suspend parent meetings, P&C, School Board meeting, swimming, Year 6 camp, summer carnival, parents in classrooms and parent assemblies. We are hopeful that if we do the right thing now, during the very high caseload environment, hopefully we will be able to engage with our community safely in the very near future.

Today we are sending home a letter explaining the up-to-date definitions of a close contact and the responsibility of those community members who are asymptomatic based on advice from WA Health. As always, our priority is to continue face-to-face learning. If your child is required to isolate, we will provide them with learning to do at home. If your child's teacher is required to isolate, your child may have a different teacher for periods of time. In some cases, we may need to rearrange extra-curricular school activities to ensure our teachers are in classrooms teaching.

If a member of your household is COVID-19 positive, then the whole household are deemed household close contacts and the testing and isolation protocols apply. If your child is unwell, they should stay at home and get tested.

For more information on very high caseload protocols, visit [wa.gov.au](http://wa.gov.au).

Recently we have been asking parents to complete a school survey which informs our decision making. The Survey is called Tell Them From Me (TTFM) and is given to staff, parents and students in Year 4-6. Through our involvement with the Fogarty school improvement project this is our third year conducting the TTFM surveys and we are eager to compare year on year results. It was really exciting this year that our parent survey participation totaled 171 eclipsing the previous high last year of 142 parent surveys completed. Thank you parents we appreciate your time in completing the survey.

Bradden Mitchell  
Principal

## Voluntary Contributions

The cost of the voluntary contributions in Term 1 are discounted by 10% to \$54. The funds collected through voluntary contributions go a long way to improving the education of your child, through improved access to technology, books, and sporting equipment. Last year we had less than 25% of our school population pay their voluntary contributions. You can pay your voluntary contributions via the front office or through the school's bank account BSB 016 745 Acc # 190756561.

## Waste Wise

Last year we managed to recycle 5734 containers through our school containers for change recycling program! Please use our scheme ID, **C10566570**, to recycle your own containers or drop them off outside TB5.9 in the morning.



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**Lakelands**  
PRIMARY SCHOOL

## Canteen

We use Quickcliq for our online ordering system, simply look up Quickcliq and follow the prompts to register your child and place their order. The cut off time for online ordering is 8.30am.

**REGISTER TODAY!**  
FREE, QUICK & EASY

**WE ARE NOW A QUICKCLIQ MEMBER!**  
By supporting QuickCliq you are supporting your school.

**QuickCliq**

REGISTER TODAY AT  
[www.QuickCliq.com.au](http://www.QuickCliq.com.au)

**How to get started:**

- Visit [www.QuickCliq.com.au](http://www.QuickCliq.com.au)
- Sign up by completing the registration form
- Receive a confirmation email with activation link
- Activate your account and login to the website
- Add a student and nominate their school
- Order whenever you like

**How to order meals:**

Select a student → Select date → Add items → Confirm

*It is that simple! It is our job to make your life easier.*

Using QuickCliq helps you stay organised, order up-to four weeks in advance.

SAFE & SECURE      SUPPORT LINE: 1300 11 66 37      ORDER 24/7

**It's time for**  
**Crunch&Sip®**

Western Australian kids crunch on veg and fruit and sip water every day as part of Crunch&Sip®. Make sure you Crunch&Sip® today!  
[crunchandsip.com.au](http://crunchandsip.com.au)

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healthway      Cancer Council WA      Crunch&Sip®

## A note from the Community Health Nurse

My name is Philippa Sgro and I am the Community Health Nurse who visits your school. Community Health Nurses work in schools to promote healthy development and wellbeing so students may reach their full potential. A major part of my work is focused on early intervention and the School Entry Health Assessment Program.

## Oakwood Dental

We have recently sent out Dental Registration Forms for Pre-primary students and any new students to the school, If I have missed anyone please ask them to call 9586 7622 or pop into the Dental Clinic at Oakwood Primary School to register. We will collect the forms from your school once they have been handed back in. We will be open from Monday to Friday.

Area Dental Therapist, Candice Blakeney.

Community Health Nurses serve as a health contact point for children and their families, providing information, assessment, health counselling and referral. The services provided are free and confidential. If you have a concern about your child's health or development, please contact me on 0406 3030 709.

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PRIMARY SCHOOL



## Tuning into Teens

### Emotional Intelligent Parenting

FREE five session parenting program for parents of 10 to 16 year olds

Would you like to learn how to:

- be better at talking with your teen?
- be better at understanding your teen?
- help your teen learn to manage their emotions?
- help to prevent behaviour problems in your teen?
- teach your teen to deal with conflict?

Tuning into Teens shows you how to help your teen develop emotional intelligence.

Teenagers with higher emotional intelligence:

- have greater success with making and keeping friends
- have better concentration at school
- are more able to calm down when upset or angry
- tend to have fewer illnesses

Emotional intelligence may be a better predictor of academic and career success than IQ!

Where: Online via Zoom

When: Term 1: 1, 8, 15, 22, 29 March 2022

Time: 12.00pm - 2.00pm

Bookings: To book please call 6164 0619 or email [4families@relationships.wa.org.au](mailto:4families@relationships.wa.org.au)

4dads is funded by the Australian Government Department of Social Services

4DADS

Relationships Australia  
WESTERN AUSTRALIA

## COME AND TRY DAY

ARE YOU LOOKING FOR SOMETHING NEW TO TRY IN 2022?

We are looking for players of all ages, boys and girls  
When: 13th of March, 10:30 - 12:30  
Where: Ocean Road Sports Pavilion

For more information find us on Facebook or email  
[presidentmandurahstorm@gmail.com](mailto:presidentmandurahstorm@gmail.com)

## MAGGIE DENT IN PERTH

Australia's 'queen of common sense', Maggie is an author, educator, & parenting & resilience specialist. She is a dedicated advocate to quietly changing lives in our families and communities.



PARENT SEMINAR: Saturday August 20, 4 - 6pm Pan Pacific Hotel

### Real Kids in an Unreal World: Building Resilience & Self-esteem in Today's Children

Are you a parent or grandparent? Are you sometimes challenged, confused or concerned about parenting in today's world? Do you want to be the best parent or grandparent you possibly can be? Children need to have certain basic experiences to build the competencies that will help them manage their life as it unfolds. Maggie Dent presents an experience based, common-sense, practical approach to raising kids, reassuring parents that what we have always known to be important in the early years of a child's life is still important today. This seminar will offer practical ideas and strategies to make small changes in your home that will make a big difference to your children's cognitive, physical, psychological, emotional and social health as their little lives unfold.

TICKETS: <https://cvent.me/dKR8yb?RefId=ECEEVENTSMAGGIEDENT>  
ENQUIRIES: [hello@earlychildhoodeducationevents.com.au](mailto:hello@earlychildhoodeducationevents.com.au)

EARLY CHILDHOOD EVENTS