

Community Newsletter

Week 9, Term 2 2021



From the Principal's Desk



Recent events in Australia involving the Victorian Covid lock down has made me once again grateful to be a West Australian, living in Western Australia. My thoughts go out to the businesses, families, teachers and especially the school students of Victoria, who once again have had their education interrupted by the Covid pandemic. It must be disconcerting for those students who are learning from home and very stressful for the parents who are once again thrust into the role of teacher. Fingers crossed, that as we continue to learn more from the virus and the vaccines do the job they are supposed to, we escape the threat of lock down and any more lost time from school.

Public School Review

Lakelands Primary School has received a positive school review report from the external reviewers. The report made special mention about the work we are doing around school improvement through transparent and honest analysis of the school's performance, highlighting clear alignment between evidence provided, the judgements made and the plans for advancement. The report goes on to say that the Lakelands school has developed a truly collaborative culture with parents and the wider community through purposeful, respectful and reciprocal partnerships focused on student needs. The whole school community can be very proud of this report as it represents the hard work of all stakeholders working together to make Lakelands PS a great school.

The review report will be celebrated with staff, made available on our school website, it will be discussed at our school board meeting and uploaded to Schools online : [Schools Online Department of Education Western Australia \(det.wa.edu.au\)](https://schools.wa.edu.au)

Once again thank you to all those who were involved in the review of our school.

Friday, 2 July – Last day of Term 2

Tuesday, 20 July – Students first day - Term 3

School Uniform

At Lakelands Primary School we understand that students thrive in a learning environment that is welcoming, inclusive, collaborative and caring. Our Student Dress Code is one way in which we promote a sense of community, identity and safety for all students. We aim is to establish a climate that is supportive, non- discriminatory, equitable and safe and having a standard Dress Code helps us to achieve this goal. Honouring our school Dress Code strengthens pride in our school and promotes a positive image. Our uniform identifies our students ensuring their safety throughout the school day and whilst on excursions and is intended to reduce peer pressure for students and families by alleviating issues of competition and purchasing of expensive brand name clothing.

Wearing the correct school uniform is such a small thing. Here's three reasons why the small things matter and will matter later on in your child's:

Habits start small: You can look at anyone's habits and have a pretty good idea of how successful and productive they will be. Changing a habit for the better can change the trajectory of your life and work.

Doing the Small Things Requires (and Develops) Discipline: The choice to look after the small things (a habit in itself) creates a discipline that seeps into every other aspect of life.

Little Hinges Swing Big Doors: Habits and discipline are both behaviours that have a massive impact on our lives.

Voluntary Contributions

Voluntary contributions (\$60 per year) are currently being collected by the front office. A huge thank you to those parents who have paid their voluntary contribution. Voluntary contributions are a vital income sources for our school so we can purchase additional iPads, library books and sport equipment. Last year we had 24% of our families pay their voluntary contributions which is understandable given the circumstances of 2020 and the Covid pandemic. This year as an incentive to pay the Sharp family have kindly donated three prizes as an incentive to pay your voluntary contributions.

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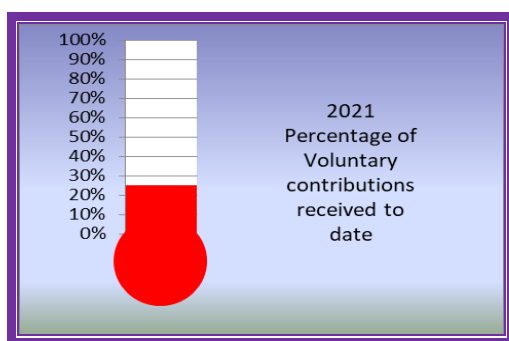
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1st prize 125cc Thumpstar TSC-125 Pitbike valued at \$1000
2nd Prize a \$150 Perm-a-Pleat uniform voucher
3rd prize \$50 Ziggies stationery voucher

If you have already paid your voluntary contributions, you are already in the draw. The voluntary contribution is \$60. Pay your voluntary contribution before the end of Term 2. Voluntary contributions can be made via the school's bank account. BSB: 016 745 Account: 1907 56561

Unfortunately, due to unforeseeable circumstances with the raffle prize, this draw will be postponed until Term 3.



The Year 5 Inspire Project

Next term we are excited to be involved in The Inspire Project, an innovative series of academic extension and enrichment programs delivered by Coastal Lakes College specialist curriculum leaders, to students in our local primary schools. The project is a collection of opportunities aimed at specific years and areas of curriculum extension and/or enrichment. This opportunity will be provided for an invited group of Year 5s from each of the primary schools. This opportunity is one program aimed to provide academic extension in either Mathematics/Science/Technologies or Humanities/English/Arts.

The program forms a part of the college's STEM focus through utilising the skills, knowledge and understandings of Design Process and presenting/engineering solutions to complete specific tasks. Through multidisciplinary learning, students will explore, be innovative and develop their critical thinking skills to enable them to solve problems based on real world issues in the 21st century. Inquiry, curiosity, being able to find solutions to problems and being creative in the finding of solutions is the heart of this approach. This means that Arts, English and Humanities

and Social Sciences is woven into STEAM alongside Science and Mathematics.



Congratulations to our Year 5 Inspire students: Brodie, Sydney, Sienna, Zafir Ahmad, Michael, Talesha, Mason, Campbell. Absent from photo: Zoe & Kelsie.

Bradden Mitchell
Principal

Kindergarten Enrolments 2022

Our Kindergarten Enrolments for 2022 are now open. Please go to our website for the relevant forms to download or collect from our office.

(Lakelands.PS@education.wa.edu.au) or mail box.
<http://www.lakelandsps.wa.edu.au/.../enrol.../enrolment-process/>

School Board

We had our term 2 board meeting on Monday night with a great turn out again. We welcomed a new parent member, Rebecca Wreford. It's great to have another new face. Our next meeting is August 30, 6pm; week 7 term 3.

Megan Cleary-Board Chair

Chaplain's Chat

The Chaplain is available to support your child through any circumstance. I have the privilege of spending quality time with students; this allows them to feel seen and heard. If your child needs support, I am available to catch up with them. The service is non-religious, and confidential. Sometimes all a child needs are to get things off their chest.

I'm available Wednesday, Thursday and Friday, during school hours
Kelly Waldeck

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Waste Wise

Containers for Change is going great this term, with \$99 raised by week 5 and hopefully another full bin by the end of the term. Remember that this term the money raised is going towards the Year 6 camp, so seniors are strongly encouraged to bring containers in. The bin is open on Tuesdays before school, or containers can be taken to TB 3.1 any other day. Any student that brings in 5 containers or more will go into the raffle for a prize.

Waste-free Wednesday is still happening. The junior classes have a close competition, however TB 3.2 in the seniors are front runners for this term's senior prize. Please pack lunches without rubbish every Wednesday and help the school to lower its contribution to landfill.

HELP MAKE CHANGE
DONATE YOUR ELIGIBLE CONTAINERS TO YOUR SCHOOL

1. Set up your in-home collection bag or box.
2. Follow the checklist below.
3. Bring your containers to your school collection bin.

CONTAINER CHECKLIST:

- ✓ Check your container is eligible. Lid has been removed. Plastic lids can be collected by your school separately.
- ✓ Plastic labels & plastic rings can remain on the container.
- ✓ Container is completely empty
- ✓ Aluminum cans can be crushed
- ✗ Container does not need to be pre-rinsed
- ✗ No ineligible containers

ELIGIBLE CONTAINERS: Most glass, plastic, aluminium, steel and paper-based cartons between 150ml and 3L. IF UNSURE DO A BARCODE SEARCH AT: www.containersforchange.com.au/enr/

REUSABLE CONTAINERS: Containers not commonly found in bins, including all glass milk, flavoured milk, 3L and above, pure juice drinks, wine and spirit bottles, cordials. Recycle these in your kerbside recycling bin.

COMMUNITY RECYCLING WA
RECYCLING OPERATOR

CONTAINERS FOR CHANGE

Cross Country

Students from year 3 to 6 will be walking down to Black Swan Lake to compete in the school cross country. This will be held tomorrow, Friday 18th of June. The time table is:

11:25 am Students and teachers start to leave school grounds and walk to Black Swan Lake.

11:50 am Teachers and students arrive at Black Swan Lake. Students are then sat in bays where a quick briefing will be held.

12:00 pm Year 3 girls and boys will be marshalled to the start line.

12:10 pm Year 3 boys race will start.

12:20 pm Year 3 girls race will start. Year 4 girls and boys will be marshalled to the start line.

12:30 pm Year 4 boys race will start.

12:40 pm Year 4 girls race will start. Year 5 girls and boys

will be marshalled to the start line.

12:50 pm Year 5 boys race will start.

1:00 pm Year 5 girls race will start. Year 6 girls and boys will be marshalled to the start line.

1:10 pm Year 6 boys race will start.

1:20 pm Year 6 girls race will start.

1:30 pm Sweep of the course will begin

1:40 pm Presentations and recess

2:00 pm Teachers and Students depart Black Swan Lake.

Please ensure your child has the appropriate footwear, a hat, plenty of water, some recess and any medical equipment eg asthma puffers.

Parents and guardians are more than welcome to come and watch but please remain in spectator area so there is no interruptions to the races.

Small changes,
big differences.

Triple P
for every parent

Free workshop for parents
Triple P – Positive Parenting Program

Triple P seminars give you simple, practical strategies to:

- Promote your child's development and independent skills
- Strengthen family relationships and wellbeing
- Encourage positive behaviour
- Raise resilient, confident children

Attend Triple P at Lakelands Primary School in Term 2!

The Power of Positive Parenting
Learn about the five positive parenting principles that can help you promote your child's development, strong family relationships and encourage positive behaviour.
When: Wednesday 23rd June from 9-11am

All parents will receive a free tip sheet with the content to take home.

BOOKINGS AND MORE INFORMATION
Register online by clicking this link, search for this session at www.triplep-parenting.net.au/w or contact Lakelands PS on 9586 7650.
Crèche may be available for this session and registration is essential (via phone call to 9586 7650).

www.triplepparenting.net.au/wa

What is Triple P?

The Triple P – Positive Parenting Program® is one of the world's most effective parenting programs. It is one of the few based on evidence from ongoing scientific research. There have been more than 200 evaluation papers, including 104 randomised controlled

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studies, showing that Triple P works for most families in a variety of cultures, countries and family situations. Triple P works by giving parents the skills to raise confident, healthy children and teenagers, and to build stronger family relationships. It also helps parents manage misbehaviour and prevent problems occurring in the first place.

But it doesn't tell people how to parent. Rather, it gives them simple and practical strategies they can adapt to suit their own values, beliefs and needs.

Triple P is also different because it is not 'one size-fits-all'. It's a system that offers increasing levels of support to meet parents' different needs. So parents can choose anything from one-off public seminars or self-help books to more detailed group courses or individual sessions. Triple P is now used in 25 countries including the USA, England, Scotland, Ireland, Wales, Canada, Australia, New Zealand, Belgium, Sweden, Germany, Japan, Iran, Hong Kong, Singapore, the Netherlands, Curacao, Switzerland and Romania. It has been translated from English into 19 other languages. parenting.



TOP 10 TIPS FOR PARENTS

1. When your child wants to show you something, stop what you are doing and pay attention to your child. It is important to spend frequent, small amounts of time with your child doing things that you both enjoy.
2. Give your child lots of physical affection – children often like hugs, cuddles, and holding hands.
3. Talk to your child about things he/she is interested in and share aspects of your day with your child.
4. Give your child lots of descriptive praise when they do something that you would like to see more of, e.g., "Thank you for doing what I asked straight away".
5. Children are more likely to misbehave when they are bored, so provide lots of engaging indoor and outdoor activities for your child: for example, playdough, coloring books, cardboard boxes, dress ups, play forts, etc.
6. Teach your child new skills by first showing the skill yourself, then giving your child opportunities to learn the new skill. For example, speak politely to each other in the home. Then, prompt your child to speak politely (e.g., say "please" or "thank you"), and praise your child for their efforts.
7. Set clear limits on your child's behavior. Sit down and have a family discussion on the rules in the home. Let your child know what the consequences will be if they break the rules.
8. If your child misbehaves, stay calm and give them a clear instruction to stop misbehaving and tell them what you would like them to do instead (e.g., "stop fighting; play nicely with each other." Praise your child if they stop. If they do not stop, follow through with an appropriate consequence.
9. Have realistic expectations. All children misbehave at times and it is inevitable that you will have some discipline hassles. Trying to be the perfect parent can set you up for frustration and disappointment.
10. Look after yourself. It is difficult to be a calm, relaxed parent if you are stressed, anxious, or depressed. Try to find time every week to let yourself unwind or do something that you enjoy.

More information: www.triplep-parenting.net



National Quality Standard Update

Term 2

This term we have been focussing on:

Element 1.1.2 Child Centred- Each child's current knowledge, ideas, culture, abilities and interests are the foundation of the program.

Element 1.1.3 Program learning opportunities- The program, including routines, is organised in ways that maximise opportunities for each child's learning.

Element 3.2.2 Resources support play-based learning- Resources, materials and equipment are sufficient in number, organised in ways that ensure appropriate and effective implementation of the program and allow for multiple uses.

These elements fit well with our Early Childhood Philosophy here at Lakelands:

In Early Childhood at Lakelands we embrace inclusivity, creativity and a child focused environment. We provide purposeful, play based experiences to give our students hands-on learning opportunities.

We have been providing our students with many opportunities to make their own choices, decisions and to influence their learning in our early childhood area. We have also been adding to our resources and equipment to provide more play and learning opportunities for our students.

Kindy

In Kindy a Puppet Show was set up during outdoor play and has provided many opportunities for students to develop their oral language skills during play. Students created their own show for their peers and learnt how to be a good audience member, along with waiting patiently for their turn.



In class a Pizza Shop Role-Play was set up and students have been busy playing independently in the Pizza Shop. They have taken turns to order items from the menu and make pizza for their friends. It has been wonderful to hear the amount of oral language during this play time.



P & C

Silent Auction & Trivia Night

The P&C are currently looking for donations for the upcoming Silent Auction and Trivia night. Silent Auction will start Monday, 16 August and the Trivia night will be Friday, 20 August. If you can assist us with a donation please let Emma-lee or any member of the P&C know, any assistance will be greatly appreciated.

Wonder White Campaign

This term we are participating in the Wonder Campaign. The Wonder Campaign is a recycling challenge which earns our school sports equipment made from recycled plastics. There will be 2 boxes in the front office shortly, 1 for bread tags and 1 for bread bags and wrap bags. You can place any bread bags or wraps into the box.

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Help Wonder turn BREAD BAGS into SCHOOL PLAY EQUIPMENT

It's simple...

- 1 Collect your empty bread bags and tags
- 2 Recycle them at school in Wonder's pink Collection Bin (There is a separate bin for bread tags)
- 3 We'll earn reward points to redeem new sports equipment for every 5kg bin filled!

Our school is in the draw to WIN 1 of 5 exercise circuits made from recycled plastic we collect!

LET'S GET RECYCLING!

Tag Wonder on social #wonderrecycling to share all your recycling champion stories!

5 and 10c Challenge

The 5 and 10c challenge is back again this year. We're going to run the 5 and 10c challenge until next Friday, 25 June. We will collect all the bottles in the afternoon and announce the winning class over the weekend. Remember only 5 and 10c coins count and the class with the heaviest bottle at the end of the challenge wins a whole class reward of their choosing. Notes will be coming home shortly and Good Luck to all our classes.

Scholastic Book Club

The fourth issue will be coming home this week. You can view and order books online via the link. www.scholastic.com.au/LOOP. Thank you for your support of Book Club, every time you place an order, we earn a certain percentage which goes towards new books in our library.

School Banking

School Banking is back this term on Friday mornings. Ian and his banking team are located outside the Kindy and Pre-primary area. If you have any queries or want some more information, please see Ian Allen our banking co-ordinator.

Meetings

Our next meeting is Friday, 6 August at 9:00am (straight after Values assemblies).

Everyone is welcome to attend, light refreshments are provided. Our P&C meetings are a great opportunity to hear what the school has upcoming from Mr Mitchell and what events the P&C have and what we are fundraising towards this year.

Emma-lee Whybrow

Emmaleewhybrow2019@outlook.com

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P&C VOLUNTARY CONTRIBUTIONS RAFFLE

Term 1 - \$54.00 (10% discount)
Term 2 - \$60.00

PAY YOUR CHILD'S VOLUNTARY CONTRIBUTIONS BEFORE FRIDAY, 18 JUNE AND YOU COULD BE IN FOR A CHANCE TO WIN ONE OF THESE 3 AMAZING PRIZES!

1ST PRIZE - TSC 125-C 4 STROKE PIT BIKE VALUED AT OVER \$1,000

2ND PRIZE - \$150.00 PERM-A-PLEAT UNIFORM VOUCHER

3RD PRIZE - ZIGGIES SCHOOL SUPPLIES VOUCHER

PREVIOUSLY PAID 2021 CONTRIBUTIONS HAVE AUTOMATICALLY BEEN ENTERED INTO THE DRAW.

DRAW DATE: 2PM, FRIDAY, 25 JUNE 2021

Thank you to the Sharp Family for their generous donation of the raffle prizes.

Oakwood Dental

Please note that Oakwood Dental Therapy Centre will be open Monday, 12 July and Tuesday, 13 July. In case of an emergency: afterhours emergencies please call 1800 098 818

- 5-9 July Please Phone 9581 3895 between 8am-4pm.
- 14-15 July please phone 9537 2619 between 8am-4pm.
- 16 July - 9584 2478 between 8am-4pm.

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Don't forget to pack Crunch&Sip® every day...
Crunch&Sip® is a set time for children to eat vegetables or fruit and drink water in the classroom.

WATER + **VEGIES** OR **FRUIT**

crunchandsip.com.au

healthway Cancer Council WA Crunch&Sip

Child and Parent Centre
Dudley Park

Changing Problem Behaviour into Positive Behaviour

Stepping Stones: Seminar 3

Practitioners provide parents with tips and strategies to assist them to manage problem behaviours and developmental issues common in children with disabilities. The build blocks are:

- Track the behaviour
- Understand why the behaviour is occurring
- Change events that occur before the behaviour
- Encourage alternative behaviours
- Remove accidental rewards
- Put plan into action

Date: Thursday 24 June
Time: 9.30am to 11.30am
Venue: Child and Parent Centre-Dudley Park
Kooljack Street, Dudley Park
Registration: Please phone number 08 9537 5603 to register.
Crèche is available. Bookings are essential.

Supported by: Triple P
Childandparentcentres.wa.edu.au 95375603
cpcadmin@anglicarewa.org.au

In partnership with Anglicare

MANDURAH'S FIRST P&C Forum

Shining a Light on Road Safety

- Network and mingle over morning tea
- Pop-up road safety initiatives
- Encourage students to get more active
- Access funds for safe activities
- Share ideas on how P&C's can thrive

Registration essential by June 18

21 June
9.30am - 11.30am
(registration and hot drinks from 9.15am)
Sunbreakers Function Room
110 Mandurah Terrace

All similar type groups welcome
i.e. Parents and Friends
Register: CDO@mandurah.wa.gov.au
Tel: 0419 777 712

Child and Parent Centre
Dudley Park

Helping your Child Reach Their Potential

Stepping Stones: Seminar 2

Parents are introduced to the building blocks to encourage desired behaviours as well as new skills for children with disabilities

- Choose a Skill to Teach
- Break the Skill into Steps
- Choose a Reward
- Decide When and Where to Teach
- Use Effective Teaching Strategies
- Keep Track and Review Progress

Date: Thursday 17 June
Time: 9.30am to 11.30am
Venue: Child and Parent Centre-Dudley Park
Kooljack Street, Dudley Park
Registration: Please phone number 08 9537 5603 to register.
Crèche is available. Bookings are essential.

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