

Community Newsletter

Week 6, Term 1 2020



From the Principal's Desk

Year 1 students from TB2.1 sharing their numeracy knowledge on the iPad.



I'd like to extend a huge thank you to the parents who have participated in the Tell Them From Me Survey. This survey is an important tool in which we gather information about our school using survey responses from Parents, Teachers and Students.

At the time of writing we had 68 responses from parents out of a possible 300 = 23% return rate.

Ideally we would like over 100 surveys completed by our parents.

Interested in participating? Click on the link to take you to the survey:

www.tellthemfromme.com/nnyj6

Our School Purpose statement: *Developing the whole child and lifting learning achievement by inspiring growth through excellence, creative, building partnerships and sustaining caring relationships.*

As a school we have revisited our Moral Purpose statement. Currently under review we have worked with staff on updating the statement and will work with our School Board in developing an updated statement of intent. If you would like to attend our open Board meeting on Tuesday, 17 March at 6pm and have your say, please let the front office know. Community perspective of what we are about as a school is vital to continuing our effective partnership.

Dominating many dinner table conversations over the past couple of weeks would have to be the talk about the Coronavirus and the panic buying of toilet paper, along with the heightened level of sensationalised media news reports surrounding the spread of the virus.

In an attempt to work with families, we are aware that the heightened media and public attention may be concerning for students and staff in our schools. Resources are currently being developed to assist teachers in their conversations with students as well as supporting schools with material and information about measures to reduce virus transmission such as hand hygiene and respiratory etiquette.

Key messages when talking to children:

- As adults manage your own fears and anxiety to give children a sense of safety.
- Listen to their concerns and acknowledge the feelings they are expressing.
- Put into perspective and provide reassurance – it is unlikely that they will get sick and if they do they will go to the doctor. Most children have mild symptoms and are well again.
- Doctors are working on finding a solution.
- Empower children with what they can do, i.e. wash their hands, catch their coughs by covering their mouths etc.
- Build news and media literacy to separate fact from fiction.

In the meantime, I have listed some helpful online resources for parents, teachers and students.

Resources for Parents (and Teachers)

<https://www.nbcnews.com/better/lifestyle/how-talk-your-kids-about-coronavirus-ease-their-fears-ncna1129851>

A four minute animated clip for children on coronavirus

<https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/>

Ride2School Day

Friday, 13 March 2020 marks the thirteenth National Ride2School Day, where over 250,000 Australian children will ride and walk to school. It is a day about celebrating riding and walking and encouraging everyone to give it a go!

At Lakelands Primary School we support Active Transport, which includes riding, walking, scoot or skating to school. To help celebrate this day Lakelands Primary will be holding a dress up your bike day. Students are encouraged

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to dress up their bikes and ride to school on this day. Please ensure that on the day your child's name and classroom number is clearly marked somewhere on their bike. All bikes and scooters will be judged and prizes will be awarded to the best looking bikes.

School Board

The school board plays an important role in contributing to good school governance. We meet on a Tuesday of week 7 from 6-7pm each term in the staffroom at school. All meetings are open and include staff, parents and community members. Some matters discussed include school performance and objectives, review the school budget, personal item lists and voluntary contributions. We ensure that school resources are used efficiently and the school's priorities and community expectations reflect the needs of the students. We are always looking for more members, so if you would like to get involved come along to a meeting, next one to be held 17 March 2020, 6pm or contact Brad Mitchell or myself for more information.

Megan Cleary
Board Chair
Megancleary2018@hotmail.com

Chaplin's Chat

Colour Club has been a hit this term. Each and every Friday, students are invited to this small club, where they can chill out, colour in and chat! The "Wellbeing" Centre in the school is open, and you are always welcome to pop in, or make an appointment to see me. The Chaplaincy service is here to "support" families, students & staff. We have bread available to families struggling to make ends meet or lunches for their kids. If that is you, please contact me and we can support you with extra bread. This is a confidential service. I look forward to catching up with you.

Kelly Waldeck – Chaplain
Tuesday/Thursday/Friday

Library

Toddler Time is back again for 2020! Come to the library on Thursday mornings at 8.45 to join in the fun. These sessions are fun and interactive for siblings and/or Kindy students. It is also a great opportunity for parents to build relationships between themselves. All children who attend Toddler Time are also encouraged to borrow a book from the library for the week. Sharing a story with your child is one of the best things you can do to help build their early language skills.



14 February was *Library Lovers' Day*. Students in Years 1-6 celebrated the day by writing something they loved about our library on a heart. It has been wonderful to see all the students coming into the library to find their heart.



Congratulations to Tom, Dalena, Dylan, Tyler, Sapphire, Aleaha, Diego and Shae who are our Library Monitors for 2020. You will see them working hard in the library before school each day. Don't forget to say 'Hi!'

The library is open daily, and students are encouraged to visit the library anytime between 8.30 – 3.30 to exchange their library books. They do not need to wait until their classroom borrowing day to swap their books. Parents are also encouraged to pop into the library before or after school to read a book with their children. I look forward to seeing you all soon.

Mrs Ellis

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School Health Nurse

Washing hands is the easiest way to protect ourselves from contagious diseases, like colds, influenza and gastroenteritis. Hands should be washed before and after eating or preparing food, after going to the toilet and after nose blowing.

When teaching your child to wash their hands:

- Use clean water and soap, making sure the cover their hands and wrists.
- Use a brush to clean under nails if they're dirty too.
- Dry their hands with something clean (like a paper towel)

Alcohol based sanitisers are useful when soap and water is not available. Use half a teaspoon of the product and encourage your child to rub their hands together until they're dry. If you can see dirt on their hands, it is better to use soap and water.

For more information go to www.healthywa.wa.gov.au

P & C News

Welcome to the new school year from your P&C, Thank you to everyone for all your support last year, we had a fantastic year. I would also like to say a huge thank you to last year's amazing P&C team, you were all superstars.

Congratulations to the new office bearers that were elected at the AGM on the 19 February.

President: Emma-Lee Whybrow

Vice President: Kathryn Hall

Treasurer: Kay Smith

Secretary: Jessica Smylie

We have had a few new faces join our P & C team, but we would love to meet lots more. We provide tea and coffee and sometimes morning tea, this is a great way to meet new people and stay up to date with upcoming events and what's happening around the school.

Hot Cross Buns Fundraiser

Thursday, 19 March to Saturday, 21 March Bakers Delight, Meadow Springs will donate \$2 for every 6 pack of Hot Cross Buns and \$4 for every 6 pack with a loaf of bread. Be

sure to tell them you're from Lakelands Primary School for all purchases to count towards our tally.

Easter Raffle

The P&C will be running an Easter raffle this term to win one of 3 Easter Baskets. We will be placing a basket in the office and would appreciate any donations. All donated eggs will receive 2 tickets for the raffle. Notes will be going home soon, with the raffle being drawn on Wednesday, 8 April.

School Banking

School banking is every Thursday morning before school in the undercover area. There are no fees involved. It's a great way to teach your children about money and savings. When your child makes 10 deposits, they will receive a prize. The deposits can be as small as 50 cents each time. If you would like to participate, application packs are available in the office or at your local Commonwealth Bank. If you can spare some time Kim and Ian are looking for volunteers to help on the Thursday mornings. Any queries please contact Kimberley Bebbington at kim@bebbington.com.au

Discount Card

For only \$10 you can save \$100s by purchasing the 2020 Lakelands Primary School Discount from the office. There are currently 52 local businesses offering discounts to card holders. There is something for everyone including beauty and hair services, driving lessons, web design and many more. It's great value and available to everyone.

Scholastics

The second issue of the book club has now gone home. You can view and order books online www.scholastic.com.au/LOOP if you are returning the form with payment to the P&C box in the office please make sure you have the correct payment amount.

Upcoming events for your calendar

- Bakers Delight Fundraiser 19 -21 March
- Easter Raffle Wednesday, 8 April
- Free Dress and Sausage Sizzle Thursday, 9 April
- Carpark Raffle for Term 2 – Thursday, 9 April

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Lakelands
PRIMARY SCHOOL

Meetings


Our next meeting will be held on Wednesday, 20 May at 8.45am in the Staffroom. Everyone is welcome.

Emma-lee Whybrow

Emmaleewhybrow2019@outlook.com

Book Club LOOP

The EASIEST way for parents to order and pay for Book Club!





Parents: Are you registered for LOOP?

LOOP is the easiest way for you to order and pay online for your child's Book Club order, if you wish to pay by credit card.

Parents who are registered for LOOP receive exclusive sneak peeks, downloads and offers throughout the school year—don't miss out!





Head to scholastic.com.au/LOOP and register today!



4 DADS

Term 1, 2020 Toolbox

<h4>Dads and Kids Breakfast Club</h4> <p>Feel free to drop in for a fun morning with activities for you and your children. Meet other dads and enjoy a free breakfast and a coffee.</p> <p>When: 9:30am-11:30am Fortnightly Saturdays 2, 22 Feb, 7, 21 Mar, 4, 18 Apr</p> <p>Where: Child & Parent Centre 3 Kooljack St, Dudley Park</p> <p>No cost, breakfast included</p> 	<h4>Dads Supporting Dads</h4> <p>An open drop-in group where fathers can chat about taking care of themselves and their family over a relaxed bbq with like-minded men.</p> <p>First Tuesday of every month.</p> <p>When: 6:30-8:30pm 4 Feb, 3 Mar, 7 Apr</p> <p>Where: 21 George St, Mandurah</p> <p>No cost, BBQ meal included</p> 
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Tuning into Teens


Raising teenagers is a challenge!

Here is a 6 session parenting program to boost parent-teen connection. For parents of teens aged 10-16 years old (*mums welcome).

When: 6:30pm-8:30pm
Thursdays 27 Feb, 5, 12, 19, 26 Mar, 2 Apr

Where: 21 George St, Mandurah

No cost, please call to register.



Book a Dads one-on-one session Tuesday, Wednesday or Thursday at no cost.
Located at 21 George Street, Mandurah.
Call 61640619 or email 4families.mandurah@relationships.wa.gov.au

Relationships Australia
WESTERN AUSTRALIA

4Dads is funded by the Australian Government Department of Social Services

SMARTER THAN SMOKING 2020 WA SCHOOL MTB CHAMPIONSHIPS

In collaboration with Smarter than smoking, Rock and Roll Mountain Biking, Healthway and West Cycle we are pleased to host the fourth year of the WA State School Boys and Girls Mountain Biking Championships

DATE
The Championships will be conducted on Thursday 2nd and Friday 3rd April 2020

SCHEDULE
Thursday: Primary School Challenge and open practice time
Friday: Open practice time and Senior Racing

LOCATION
Goat Farm MTB Park, Greenmount Rise, Midland.

HOW TO ENTER
Email: info@rockandrollmountainbiking.com.au
Ph: 0410 949 182

FREE EVENT

Playgroup WA Community PLAY DAY

Thursday 19th March 2020
Caterpillar Park, Midgear Street Reserve, Mandurah
10am to 12pm

Bring your little one for some fun and sensory play activities including facepainting, water play, playdough and more!



A free family fun day for kids 0-5 years.
Register at: www.playgroupwa.com.au/community-play-day-mandurah

This community event has been supported by Better Start funding through the Department of Social Services



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Relationships Australia

Mandurah Workshops
Term 1: February – April 2020

Anger Management for Men 8 weeks – Mondays 10 Feb - 6 April 6pm - 8.30pm, \$130	Managing Anger & Stress for Women - Tuesdays 4 Feb - 3 March, 9.30am - 12noon, \$60
Communication in Relationships Wed 19 Feb, 6.30pm - 9pm, \$30	Successful Single Parenting Wednesday 26 February 9.30am - 12noon, \$30
Coaching Kids' Emotions Wednesday 4 March 6.30pm - 9pm, \$30/\$50 couple	Raising Boys Tuesday 10 March 9.30am - 12noon, \$30
Recharge Your Relationship Thursdays, 12 & 19 March 6.30pm - 9pm, \$75 couple	Self Worth for Women Valuing Yourself - 4 weeks - Tuesdays 17 Mar - 7 April, 9.30am-12pm, \$80
Fathering After Separation Wednesday 18 March 6.30pm - 9pm, \$30	Supporting Your Anxious Child Mon 23 March, 9.30am - 12noon, \$30
Stronger Stepfamilies Wednesday 25 March 6.30pm - 9pm, \$50 couple	Mindfulness Wednesday 1 April 6.30pm - 9pm, \$30

Like us on Facebook: Relationships Australia WA (Mandurah)

GENEROUS DISCOUNTS FOR CONCESSION CARD HOLDERS
For all enquiries phone: **6164 0588**
Email: Mandurah.Education@relationshipsaustralia.org.au
www.relationshipsaustralia.org.au

BOOKINGS ESSENTIAL
Office hours: Monday, Tuesday & Thursday, 9am-2pm

the *Carly Ryan* foundation.

Parent Online Safety Presentation

Presented by Sonya Ryan, CEO

Lakelands Primary School
Wednesday 18th March
6.30pm

1 Cawana Parkway, Lakelands WA

The presentation explores

- Online Safety
- Opportunities vs risks
- Privacy settings
- Awareness
- Managing self
- Emotional intelligence
- Resilience
- Critical thinking
- Understanding the law
- Image based abuse
- Respectful relationships
- Communication
- Practical guidance
- Connection to support services

EFTPOS AVAILABLE FOR TAX DEDUCTIBLE DONATIONS

carlyryanfoundation.com

Creating a positive experience online for all Australian families.