

# Community Newsletter

Week 3, Term 2



**Interschool Cross Country Team 2019**

## From the Principal's Desk

### Interschool Cross Country Success

Last week I had the privilege to accompany our interschool cross country runners to the interschool cross country carnival held at Meadow Springs sporting ground. Earning 8<sup>th</sup> position out of 22 schools was an amazing effort from our runners with special mention going to Year 6 boy Scott from TB4.1 for his 9<sup>th</sup> position in the Year 6 boys race. Congratulations to Mrs de Oliveira and her Year 4-6 competitors, your early morning training sessions really paid off.

### Semester 1 Reporting to Parents

As a school we hope you enjoyed and celebrated reading your child's Semester 1 report and have looked at setting some goals for Semester 2. Interestingly I have surveyed several classes asking students the following questions with the student response in percentage terms:

Have you read your report from last term? 45% Yes  
Have your parents read your report? 68% Yes  
Did you read your report with your parents? 36% Yes

I acknowledge the fact that family life is hectic however, I can't help but wonder if some families have missed an opportunity to discuss the report with their child to gain an insight into how they are going at school. As a three pronged partnership (Parents, Students, School) it is very powerful when we all work together for improved outcomes and set goals for the future.

### 2020:

Planning has begun for the 2020 school year!! Lakelands PS is in a growing community and it is vital we are making decisions well ahead of time for the smooth running of our school. It is vitally important to our planning that we are aware of student numbers. It would assist us greatly if we

knew if any of our families were definitely not returning to our school in 2020. Please make the front office aware if you are leaving our school community in 2020.

## Parents as Partners



Special thank you to our Literacy Coach Marie Hopkins for conducting a parent workshop on how to make reading fun at home. The parents that did take up the opportunity to attend found the workshop enlightening and are well equipped to enhance the teaching of reading experience at home with their children.

## Change of Time

In an attempt to increase the number of parents and community attending our next P&C meeting on Wednesday, 14 August, we are changing the time to 8:45am in the hope to attract a quorum. In our last two P&C meetings we have fallen short with the required number of attendees which makes it almost impossible to make decisions and have motions passed. New to our school? We would love to see you in the staffroom on Wednesday, 14 August @ 8:45am for a coffee and stay for the P&C meeting which usually finishes well before 10am.

## The Fathering Project



The Fathering Project is all about improving outcomes for our kids. The project's purpose is to inspire, encourage and support fathers and father figures in our community to be more present and pro-active at every stage of their kids' life.

The Fathering Project aims to improve child development outcomes by inspiring and equipping fathers and father figures to engage positively with their kids. We know that an effective father has a profound impact on kids, thus it is of great importance to establish fathers and father figures that engage with their children as effectively as possible.

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Father Figures, do you want to get involved? We need Father figures email details to organise a launch of the Fathering Project at Lakelands Primary School. Email your email address and child's name to me so that we can develop the school's data base of champion dads and begin to organise our first information evening.

[Bradden.mitchell@education.wa.edu.au](mailto:Bradden.mitchell@education.wa.edu.au)

## Spotlight on Music

### Music News

#### Senior Vocal Ensemble

Our Senior Vocal Ensemble has been working really hard over the past 2 terms on a challenging performance item for the upcoming WAGSMS (WA Government Schools Music Society) concert, which will take place in the Mandurah Performing Arts Centre on the evening of Wednesday, 11 September 2019.

We have also introduced a new uniform for our Senior Vocal Ensemble this year, and now have an amazing set of new waistcoats in our school colours complete with our logo. A big thank you to Mrs Kerry Davies for all her hard work making these. The students look amazing in them and we can't wait to see them on the stage at MANPAC next month.



### Festival of the Stars - Auditions

We will be holding another Festival of the Stars event later this term (further information to follow). All of our students who receive instrumental tuition in Year 5 through IMSS and Perth Music Agency during school time have been invited to perform at this event (their teachers will inform them in their lessons if they are performing on the night), along with our Senior Vocal Ensemble, but I would love to showcase some of the other talent we have at Lakelands. I will be holding auditions in the Music Room at Lunchtime on the Tuesday of Week 4 for any students interested in performing at the event. I am looking for solo, duo, group singers, solo dancers group dancers etc... Also, if your child has instrumental lessons outside of school and would like to showcase their talent, they are more than welcome to come along to audition.

Students interested in auditioning will need to come to the music room as soon as the siren goes at lunchtime on Tuesday, 13 August and will need to bring any backing tracks, costumes or props needed for their performance. I will be looking for 4 or 5 items which are almost ready to perform as we will have very limited time at school and will be unable to learn new routines. Students will be notified by the end of Week 5.

Should you have any questions regarding this, please do not hesitate to contact me via email on the following address :-

[Eryl.lewis@education.wa.edu.au](mailto:Eryl.lewis@education.wa.edu.au)

### Save the date



Our annual Festival of the Stars will be held on Wednesday, 18 September between 4.30 – 6.30pm. This year every classroom will open as well as a performance from our Instrumental music students

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## Footprint Friday

Footprint Friday will continue throughout this term. Each Friday our school faction captains will be handing out raffle tickets to students who walk, ride or scoot to school. Three winners will be selected every week to win some Your Move prizes. Every entry this term will also be rolled into another draw which will be drawn Friday week 9, where one lucky winner will receive a large prize worth over \$200. You have to be in it to win it, so get walking, riding and scooting every Friday.

## Crunch & Sip

### Crunch&Sip®

#### How many serves of vegetables do children need?

Primary school aged children need between 4 ½ and 5 ½ serves of vegetables every day. A serve of vegetables is:

- 1 cup of raw vegetables
- ½ cup of frozen or cooked vegetables
- ½ cup of beans, peas or lentils

Choosing vegetables for Crunch&Sip® is a great way for kids to get in an extra serve each day.



## Chaplain Chat

Hi Everyone

My name is Kelly Waldeck and I am the Chaplain here at Lakelands. Some of you may have met me during my time in the canteen.

My role as Chaplain is purely a supportive one. My job is to support people in whatever capacity they need. That might mean having a chat with your child if they have concerns or anxiety about things. It might mean having fun with them on the playground. Parents are always welcome to come and chat too! All discussions are completely confidential. I look forward to meeting you all, if I haven't done so already. My door is always open, and I am only a phone call away.

## P&C News

Welcome back everyone and welcome to all our new families that have joined us. I hope you all had a great holiday break and are looking forward to another busy term.

The P&C have another busy term planned, starting with our Father's Day stall on Thursday, 29 and Friday, 30 August in the undercover area. Students in PP- Year 6 will have the opportunity to visit the stall with their teacher during their chosen time. Kindy students will have their gifts delivered to their teachers by the P&C team. Notes will be going home shortly, and photos will be placed on the school Facebook page.

### Bunnings Father's Day Family night.

Bunnings Mandurah are hosting a free family night on Thursday, 29 August from 6pm-8pm. There are heaps of free activities for the kids and Sausage sizzle which is going to be cooked by our very own Lakelands Lad's from the Fathering project. Please come down and say Hi and support our Lakelands Lads who do such a great job supporting our events and school throughout the year and they cook a pretty good sausage sizzle too.

### Father's Day Raffle

The P&C's annual Father's Day raffle will be drawn on Friday, 30 August at 2.30pm. Tickets are 50c each. The winner will be notified by phone and the school's Facebook page. Notes will be going home shortly.

### Entertainment Books

The new 2019|2020 Entertainment Memberships are now here. Choose from the digital membership or the hard copy book. Each membership is \$70 with 20% from each membership sold coming back to the school. If you would like to see what's on offer this year, there is a display book located in the front office. To order your Book or your Digital Membership securely online visit: [www.entbook.com.au/913537a](http://www.entbook.com.au/913537a)

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Lakelands  
PRIMARY SCHOOL

## School Banking

School banking is every Thursday morning before school in the undercover area. There are no fees involved. It's a great way to teach your children about money and savings. When your child makes 10 deposits, they will receive a prize. The deposits can be as small as 50 cents each time. If you would like to participate, application packs are available in the office or at your local Commonwealth Bank. Any queries please contact Kimberley Bebbington at [kim@bebbington.com.au](mailto:kim@bebbington.com.au)

## Discount Card

For only \$10 you can save \$100s by purchasing the 2019 Lakelands Primary School Discount from the office. There are currently 53 local businesses offering discounts to card holders. There is something for everyone including beauty and hair services, driving lessons, web design and many more. It's great value and available to everyone.

## Scholastics

The fifth issue of book club has gone home. Please make sure you put your child's name and class number on the order form, so our scholastics team know who the order is for and which class to deliver to. Orders can be placed into the P&C box in the office or you can view and order books online [www.scholastic.com.au/LOOP](http://www.scholastic.com.au/LOOP)

## Meetings

Our next meeting will be held on Wednesday, 14 August at 8.45am in the Staffroom. Our meetings are open to everyone and are usually finished in an hour. Kids are more than welcome to attend. The meetings are a great opportunity to hear what's happening around the school from our principal and what the P&C have planned and what we are fundraising for. Light refreshments and tea and coffee are provided. We would love to see some new faces.

## Dates for your Diary.

- Bunnings Father's Day family night 28 August
- Father's Day Stall 29 -30 August
- Father's Day Raffle 30 August

Emma-lee Whybrow

[Emmaleewhybrow2019@outlook.com](mailto:Emmaleewhybrow2019@outlook.com)

[www.lakelandsps.wa.edu.au](http://www.lakelandsps.wa.edu.au)

## Community News



### 1-2-3 Magic & Emotion Coaching

1-2-3 Magic & Emotion Coaching is a parenting workshop which gives parents and caregivers a simple and effective approach to discipline in 2 - 12 year olds. It provides parents with knowledge and practical skills to set limits confidently and calmly and when needed, the ability to follow through with reasonable consequences.

<b>When</b>	Wednesdays 7 <sup>th</sup> – 21 <sup>st</sup> August 2019
<b>Time</b>	9am – 12 noon
<b>Where</b>	Wambo Community and Family Centre 1 Moreton Cres Wambo
<b>Cost</b>	\$10 for the parent workbook
<b>Crèche</b>	Unavailable

#### Registration:

Contact KEYS on 9439 1936 to register and for further information.

Please note that this program requires a three week commitment.

Presented In Conjunction with the Wambo Community and Family Centre.



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SOUTH WEST METROPOLITAN PARENTING PARTNERSHIP



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## WORKSHOP CALENDAR 2019

<p><b>TALKING ABOUT KIDS</b></p> <p>Where: Halls Head Rec Centre, 42 Honeysuckle Ramble When: Thursday 15 August to 12 September 2019 Time: 10:00am-12:30pm</p>	<p><b>CIRCLE OF SECURITY EVENING</b></p> <p>Where: Child and Parent Centre-Dudley Park, Kooljaak Street When: Thursday 15 August to 19<sup>th</sup> September 2019 Time: 6:30pm- 8:30pm</p>
<p><b>TUNING INTO KIDS EVENING</b></p> <p>Where: Child and Parent Centre Dudley Park, Kooljaak street When: Tuesdays 13 August to 17 September 2019 Time: 6:30pm - 8:30pm</p>	<p><b>1.2.3 MAGIC &amp; EMOTIONS</b></p> <p>Where: Meadow Springs Goodstart 19 Pebble Beach Boulevard When: Every Monday 9,16,23 September 2019 Time: 6:30pm - 8:30pm</p>
<p><b>BRINGING UP GREAT KIDS</b></p> <p>Where: Halls Head Rec Centre, 42 Honeysuckle Ramble When: Tuesday 13 August to 17 September 2019 Time: 10.00am-12.00pm</p>	<p><b>PROTECTIVE BEHAVIOURS</b></p> <p>Where: Court Grammar School, LOT 1 Bishop Rd, Mundijong When: Tuesday 3<sup>rd</sup> September 2019 Time: 10.00am-12:00pm</p>
<p><b>TOILET TRAINING TIPS</b></p> <p>Where: 9 Clifton Street, Byford When: Monday 5<sup>th</sup> August 2019 Time: 10.00am-12:00pm</p>	<p><b>BEAT THE BEDTIME BATTLES</b></p> <p>Where: 9 Clifton Street, Byford When: Monday 12 August 2019 Time: 10.00am-12:00pm</p>



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**PARENTING CONNECTION**  
To register for workshops please phone or email  
Phone: 9581 0581 or 0402 517 389  
Email: [peel.pcwa@anglicarewa.org.au](mailto:peel.pcwa@anglicarewa.org.au)



### STAND UP TO BULLYING

Where: Mandurah Baptist Church, 370 Pinjarra Road  
When: Friday 23<sup>rd</sup> August 2019  
Time: 9:30am - 11:30am

The Church has kindly offered us the use of this space but we are not affiliated with the church

### UNDERSTANDING ANXIEY AND DEPRESSION IN YOUTH

Where: Mandurah Baptist Church, 270 Pinjarra Road  
When: Friday 23 August 2019  
Time: 12.30pm – 2:30pm

The Church has kindly offered us the use of this space but we are not affiliated with the church

### PARENTING CONNECTION

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Phone: 9581 0581 or 0402 517 389  
Email: [peel.pcwa@anglicarewa.org.au](mailto:peel.pcwa@anglicarewa.org.au)



Delivering the NDIS in your community



### Want to know more about the NDIS?

APM is holding a free community information session. This session is intended to provide an understanding of how the NDIS works, how to access the NDIS, understanding the planning conversation and the role of the Local Area Coordinator.

There will be opportunities to ask questions and have them answered by our team.

#### NDIS Readiness workshop - Planning and Beyond

Dates: Thursday, 29 August 2019  
Times: 6:00 pm – 8:00 pm  
Location: Frasers Landing Community Centre Access  
1 Landings Boulevard, Coodanup  
MANDURAH WA 6210

To register or for more information please email [communityandengagementforums@gmail.com](mailto:communityandengagementforums@gmail.com) or phone 1300 276 522

For more information visit [www.apm.net.au/ndis](http://www.apm.net.au/ndis)

[ndis.gov.au](http://ndis.gov.au)